



Risk Assessment guidance for travel abroad - ASW 2026

Nature of Activity Cheerleading and Dance Competition

Venue Orange County Convention Center, West Concourse 9800 International Drive, Orlando, Florida 32819

Assessed By Antonia Graham

Date of Assessment March 2026

Potential Hazard/ Risk	Who might be harmed and how?	Existing Controls in place	Risk Factor (High/ Mid/ Low)	Further control required
Lack of information from parents/ disabled athletes	Athletes	Information obtained from parents prior to arranging event to alleviate risk including disability information.	Low	Open communication with parents and athletes in BAND in the event of more information needing to be given.
Inappropriate and unsuitable staff supervision ratios.	Athletes	4 staff members travelling out to Orlando for a total of 28 athletes across two teams. 17 U18 athletes across both teams. Minimum 2+ coaches will always be with each team that has max 14 U18s. 1:7 ratio. All athletes who need any assistance or support outside of cheerleading skills, including medical needs, are asked to have carers at our training/ competing venues	Mid	On the occasion of staff being absent for any reason that means we drop below supervision ratios, one of our other staff (DBSd and referenced) on our athlete roster would be designated as supervisor. On the occasion of any additional need for assistance or support, where an athlete does not have a parent/carer in the room, we will make the call to bring in appropriate support e.g. call the parent or source medical support such as calling an ambulance.

<p>Athlete lost or separated from group, inadequate supervision, large venues</p>	<p>Athletes</p>	<p>Athletes know where and how to contact staff members - BAND</p> <p>Staff know when they are "on duty" and understand they have responsibility for athletes at all official meet times where parents/carers can't attend. Parent/carers with athletes at all other times.</p>	<p>Mid</p>	<p>Athletes are reminded here that they can contact staff on BAND (including phone call option) and to make sure that they have their parent/carer details.</p>
<p>Insufficient Information regarding athlete health, well-being and needs to pass on to First Aid/ paramedics.</p>	<p>Athletes and staff</p>	<p>All relevant information asked for prior to travel including health info and travel insurance details.</p> <p>We will call an ambulance for any health emergencies outside of the scope of our First Aid staff.</p>	<p>Low</p>	<p>Open communication with parents and athletes in BAND in the event of more information needing to be given to health professionals. Athletes are here reminded to make sure that their medical info on their phones is correct and current and update us if anything changes before we fly out.</p>
<p>Flight delay or cancellation (UK)</p>	<p>Athletes and staff</p>	<p>Staff to check regularly online for travel updates. Staff ratios if any staff are delayed are addressed above.</p>	<p>Low</p>	<p>In the event of any staff not making it out to Orlando, follow the supervision controls above. Communicate very clearly in BAND.</p>
<p>Staff do not have appropriate paperwork to collect car hire</p>	<p>Athletes and staff</p>	<p>Ensure drivers have physical photocard driving license (valid for rental dates), credit card with funds available. Both are required to match the name of the lead driver on the rental.</p>	<p>Low</p>	<p>Second driver to take valid documents. Staff ratios cover any delays.</p>

<p>An athlete or staff injures themselves at a practice or event other than competition</p>	<p>Athletes Staff</p>	<p>Staff are aware of our First Aid procedures, and these will be followed if there is an injury</p> <p>Staff includes staff who are First Aid trained</p> <p>A First Aid kit will be taken on the trip.</p> <p>If using another programme's gym to train in, we'll will follow the gym's policies and procedures or any guidance given</p> <p>Staff will hold emergency contacts for all athletes. A parent/guardian/carer will be called and notified of any injuries requiring attention</p> <p>All athletes have confirmed travel insurance and athlete insurance</p>	<p>Mid</p>	<p>Staff will carry mobile phones and if necessary will phone an ambulance e.g. an athlete is unconscious</p> <p>Incident will be logged in athlete profile following FA protocol.</p> <p>Follow SportCheer England's protocol on reporting injuries</p>
<p>An athlete or staff member becomes unwell</p>	<p>Athlete Staff</p>	<p>Staff are aware of First Aid procedures, and these will be followed</p> <p>Staff includes staff who are First Aid trained</p> <p>Staff will hold emergency contacts for all athlete. If it is deemed necessary, a parent/guardian/carer will be called</p> <p>Ensure all athletes requiring medication (inhalers, Epi Pen etc) bring these with them and these are listed in Coacha</p> <p>All allergies reported in athlete profiles.</p> <p>All athletes have confirmed travel insurance and athlete insurance</p>	<p>Mid</p>	<p>All athletes are here reminded to bring medication (inhalers, Epi Pen etc) with them and ensure these are listed in Coacha - email momentumcheeruk@hotmail.com if you need to check or update your info.</p> <p>All athletes are here reminded to preemptively take care of their health - eat, sleep, drink water etc.</p> <p>Staff will carry mobile phones and if necessary will phone an ambulance e.g. an athlete is unconscious</p>

<p>An athlete injures themselves or becomes unwell in warm up, on the competition floor, or at any other point on a competition day</p>	<p>Athlete</p>	<p>Athletes and staff to follow the competition event providers procedure for First Aid</p> <p>Ensure we obtain a copy of the FA report</p> <p>Staff will hold emergency contacts for all athletes. A parent/guardian/carer will be called and notified of any injuries or illness requiring attention</p> <p>Any injury or illness requiring attention will be reported and communicated to the parent/guardian/carer as soon as possible</p>	<p>Mid</p>	<p>Staff will carry mobile phones and if necessary will phone an ambulance e.g. an athlete is unconscious</p> <p>Incident will be logged in athlete profile following FA protocol.</p> <p>Follow SportCheer England's protocol on reporting injuries including the FA report</p>
<p>Car accident</p>	<p>Staff</p>	<p>Contact emergency services if necessary</p> <p>Liaise with car rental company</p> <p>Ensure necessary insurance in place prior to rental</p>	<p>Low</p>	<p>As above for any injuries</p>
<p>Sunburn</p>	<p>Athletes Staff</p>	<p>All athletes and staff will be reminded to bring sunscreen with them and to regularly apply</p> <p>Carefully plan times that team are required to be outside.</p>	<p>Mid</p>	<p>Athletes are here reminded to bring sunscreen and regularly apply</p>
<p>Dehydration</p>	<p>Athletes Staff</p>	<p>All athletes and staff will be reminded to bring water bottles with them and to drink regularly</p>	<p>Low</p>	<p>Athletes are here reminded to bring water and drink regularly</p>

<p>A member of the public approaches the group (physical threat / verbal threat / inappropriate behaviour)</p>	<p>Athletes</p>	<p>The athletes will remain within close proximity to staff when not with parents/carers. Should an athlete be approached by a member of the public, a member of staff will intervene. If staff are not immediately to hand, all athletes will have a parent/carer near.</p> <p>Athletes to ensure they have data for their phones</p> <p>Athletes are here advised in advance to walk away from anyone threatening or suspicious who approaches them.</p>	<p>Low</p>	<p>Staff will carry mobile phone and if necessary, can phone the police</p>
<p>Athletes or member of staff is stopped by the police or other authority</p>	<p>Athlete Staff</p>	<p>All athletes and staff travelling independently and meeting us either on Disney Property, ASW competition venue, or in cheerleading gyms.</p> <p>Low risk while with the team, all athletes traveling with parents/ carers.</p>	<p>Low</p>	<p>Athletes, parents, and staff are advised to look up travel advice for the USA.</p>
<p>Emergency situation e.g. evacuation, shelter in place, weather event, active shooter, etc.</p>	<p>Athletes Staff</p>	<p>Staff will follow instructions from law enforcement</p> <p>Staff will carry a register, to ensure all students are accounted for.</p> <p>In the event of an emergency, staff will move athletes quickly to a safe area, if the situation warrants, somewhere that can be barricaded in.</p> <p>Very low risk.</p>	<p>Low</p>	<p>In the event of an emergency situation, staff to inform parents as soon as it is safe to do so.</p>

<p>An athlete brings alcohol or illegal drugs to training, competition, etc.</p>	<p>Athletes</p>	<p>Athletes are here reminded ahead of time that it is not acceptable to bring anything illegal with them or to bring alcohol to any training or competition venue.</p> <p>If an athlete is found under the influence of drugs or alcohol at an official team event, staff will follow appropriate First Aid procedures</p> <p>If an athlete is found under the influence of drugs they will be immediately removed from the competing team</p>	<p>Low</p>	<p>All athletes are here reminded of the athlete agreement found at https://www.momentumc heeruk.com/teams that you agree to by training and competing with a team.</p>
<p>Someone unsuitable to work with children is placed in a position of responsibility</p>	<p>Athletes Staff</p>	<p>Staff are DBS checked and all have safeguarding references from other professional contacts.</p> <p>Managers undergo Safeguarding Training and are familiar with Safeguarding protocols</p> <p>Staff are here reminded to take every care not to put themselves in a position where they are alone with an athlete.</p>	<p>Low</p>	<p>Parents, athletes, and staff are here reminded to come to programme directors as current Designated Safeguarding Leads if any incidents occur.</p> <p>Everyone is also here reminded to report to SCE if any concerns relate to programme directors.</p>
<p>A young person or vulnerable adult discloses a safeguarding concern to a Staff member</p>	<p>Athlete Staff</p>	<p>All staff are reminded of our Safeguarding protocols and follow the appropriate chain of command regarding the reporting of any incidents to the our designated safeguarding lead via this form https://forms.gle/iNGseup9XTaxLnfy8</p>	<p>Low</p>	<p>Parents and athletes now aware aware of Safeguarding policy above and the chain of command in the reporting of incidents</p> <p>All safeguarding concerns can be reported via the form.</p>

An athlete makes an accusation of abuse against a staff member	Athlete Staff	<p>All allegations of abuse will be taken seriously and we will follow the appropriate chain of command regarding the reporting of any incidents to the programme's designated safeguarding lead</p> <p>DSL will deal with the member of staff accused in accordance with their safeguarding policy. This may include immediate suspension until an investigation has taken place</p>	<p>Parents and athletes to be made aware of safeguarding and the chain of command in the reporting of incidents</p> <p>All safeguarding concerns can be reported via the form.</p>
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Telephone: All staff carry mobile phones - data needed for BAND communication.

Nearest Hospital/ Doctor:	Orlando Health Dr. P. Phillips Hospital Emergency Room - 9400 Turkey Lake Rd, Orlando, FL 32819, United States
Police	<p>Emergency - 911</p> <p>Non-emergency - Orange County Sheriff's Office (407)836-4357</p>

First Aider: Antonia Graham, Katherine Knowles-Vaughan, David Knowles

Emergency Contact / DSL: Antonia Graham, Katherine Knowles-Vaughan