



## Momentum Cheer UK Absence policy

**ALL HOLIDAYS MUST BE BOOKED IN AT [www.momentumcheeruk.com/teams](http://www.momentumcheeruk.com/teams)**

**ALL ON-THE-DAY ILLNESS ABSENCES MUST BE COMMUNICATED VIA TEXT/PHONE CALL TO 07899325795**

Allstar cheerleading is a demanding team sport that takes full commitment from both athletes and parents, therefore attendance requirements will be strictly upheld. **One person's attendance affects the entire team**, and every session is vital, from skill building at the beginning of the season, through choreography sessions and fullouts in the run up to events and competitions; **it is crucial that athletes arrive on time, and take part in ALL scheduled sessions, competitions, and events.**

**The following absence policy is non-negotiable and applies to every member of every team.**

There is always room for clarification and explanation outside of practice times so don't hesitate to contact us if you have any concerns or questions.

### **UNPLANNED**

**EXCUSED when coach is notified via text or phone call before session:**

- Highly contagious or bed-bound illness.
- Family death.

**UNEXCUSED without prior booking:**

All other reasons including:

- Travel and weather (it is all athletes' and parents' responsibility to plan well enough to ensure that factors such as traffic, public transport, and weather never affect athletes being at practice, and on time).
- Last-minute work shifts.
- Homework, coursework, or revision.
- Injury.

**PLANNED – Any reason excused when coach is notified via booking form only, more than 1 month before session.**

Coaches support athletes occasionally booking time away from training for any reason. However, if coaches feel like an athlete is requesting an amount of absences that will impact the athlete, the team, or the routine, requests may be denied and the athlete may be required at training.

**RED ZONE – No absences may be booked to be taken within the three weeks before events (showcases and competitions).**

No absences of any kind, including lateness and early leave times, will be excused within the Red Zone. Any absence within this time seriously compromises the readiness of a team for an event and may result in team coaches removing an athlete from choreography within the routine, or from the team entirely for that event.

**If team coaches perceive that an athlete's absences are affecting the team, they may choose to remove that athlete from choreography within the routine, any upcoming events, or from the team entirely. Absences will also be taken into consideration at future team placements.**